



This document is designed to help us get to know your child as they begin their journey with us, here at Rockcliffe First School. By learning about their interests, likes and needs, we can tailor our curriculum and support to help them settle in happily and confidently, making for a smooth transition to Reception.

Child Information

What is my full name?

What do I like to be called?

What is my date of birth?

My friends are...

My favourite book is...

My Family

Who lives in my house?

Other people who are special to me:

Are there any religions or cultural traditions celebrated in my home?

My Comforts, Likes and Dislikes

What are my special interests?

What makes me feel sad or scared?

What helps me to feel calm and comforted?

Things we like to do as a family:

Parent and Carer Information

Parent/Carer Name:	Relationship to Child:	Occupation:



My Toileting Needs

I am...

- Toilet training
- Mostly independent, but may need help occasionally
- Independent

We understand that every child develops at their own pace. Our caring staff team are always on hand to support your child, should they require it.



My Communication

Which language do I speak?

Am I EAL (English as an additional language)?

Do I speak a different language at home?



My Eating Habits

Do I need any support or help at mealtimes?

- I have registered for Cool Milk (cows milk) to drink at snack time.
- I have not registered for Cool Milk. I prefer to drink water at snack time.
- I have an allergy to cows milk or dietary need. I will provide my own alternative, such as oat milk.

Collection Arrangements



Please write down who will be collecting your child at home-time and how they are known to your child. Please note, for your child's safety, we will only allow collection by the named individuals listed on your child's records. Please ensure Miss Towers or the school office are informed as soon as possible of any changes to collection arrangements or authorised collectors.

Week day	Name of the person collecting at home-time	How they are known to the child, e.g. Gran
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		

Safety During Handovers

If you have informed us that somebody unknown is collecting your child, we may use a password system to help keep all children safe. Parents/carers will be asked to choose a password to share with only our school and the adult collecting your child. At home-time, they adult will be asked for the password before your child is handed over. If the correct password cannot be given, we will contact a parent/carer before allowing collection.

During the first few weeks, as staff get to know children and families, collection time may take a little longer. We may need to check our records before handing children over to ensure everyone's safety. Thank you for your patience and understanding!

Wrap Around Care

Please tell us about any additional childcare your child attends, including morning or after-school care, and which days they attend. This may include Breakfast Club, Kids' Club, childminders or any other childcare provision.



Medical Information and Professional Support

Are there any professionals or agencies, such as Speech and Language, involved with me or my family? Please give details and the reason for their involvement, so that we can give you and your child the best support.

Do I have any known medical needs or allergies that school needs to be aware of?



Wishes and Aspirations

What is something you wish for your child when they start school with us?

My favourite song is...

Additional Information

Is there any other information you would like us to know or that may be relevant to your child's care and development? For example, family circumstances, parental worries, previous experiences or anything that may help us support your child.

Am I Ready for Rockcliffe First School?

Starting primary school is an exciting milestone. Every child develops at their own pace, but there are some helpful skills that can support a smooth and confident start to school life. Use this guide as a gentle checklist to help encourage your child's growing independence.



Early Maths and Counting

Your child may enjoy:

- Singing number rhymes and counting songs
- Playing counting and matching games
- Recognising some numbers when written down
- Exploring shapes, patterns and quantities in everyday play



Speaking and Early Literacy

Your child is encouraged to:

- Enjoy sharing stories and looking at books
- Talk about their thoughts, feelings and experiences
- Begin recognising and responding to their name when written down
- Listen to and join in with songs, rhymes and conversations



Listening and Understanding

Your child is learning to:

- Sit and listen for short periods of time
- Follow simple instructions
- Understand boundaries and classroom expectations
- Respond to adults and other children appropriately



Curiosity and Exploring the World

Your child may:

- Show interest in the world around them
- Enjoy trying new activities and experiences
- Ask questions and investigate new ideas
- Explore through play and hands-on learning



Early Mark-Making and Writing

Your child is encouraged to:

- Enjoy drawing, colouring and tracing
- Experiment with making marks and shapes
- Practise holding a pencil or mark-making tools comfortably
- Build hand strength through play activities

Self-Care

Your child is beginning to:



- Wash and dry their hands independently
- Wipe and blow their nose
- Ask for help when they need it
- Recognise when they are feeling unwell or uncomfortable
- Put on and fasten simple clothing items
- Put on their own shoes and socks
- Manage their coat and zip with growing confidence

Eating and Mealtimes

Your child is developing skills to:



- Use a knife, fork and spoon safely
- Open lunch items and packaging independently where possible
- Sit and eat during set mealtimes
- Try a variety of foods and drinks

Independence

Your child is beginning to:



- Spend time happily away from parents or carers
- Look after their own belongings
- Build confidence in new environments
- Follow simple daily routines

Toileting

Your child is encouraged to:



- Use the toilet independently
- Wipe properly and flush the toilet
- Wash and dry their hands thoroughly
- Our caring staff are always available to offer reassurance, encouragement and support whenever needed.

Sharing and Turn-Taking

Your child is developing the ability to:



- Share toys and resources
- Take turns during games and activities
- Play cooperatively with other children
- Build friendships and social confidence

Remember — children do not need to master every skill before starting school. Reception staff are there to nurture, guide and support every child as they grow in confidence and independence.





Colour in the skills you can do...

I can put on my shoes and take them off.

I can tell an adult when I need something.

I can go to the toilet independently and flush it.

I can dress and undress myself.

I can put on and take off my coat.

I can follow an instruction.

I can wash my hands with soap independently.

I can use a knife and fork to cut my food and feed myself.

I can use a tissue to wipe my nose.

I can recognise my name.

I can share toys and take turns.

I can hold a pencil.

I can tidy my things away.

I have a good bedtime routine so I am not feeling tired for school.

I can and enjoy looking at books and listening to stories.

If you want support with how to practice any of these skills as you begin school, ask our staff member for help and ideas!

