

## Newsletter 7 – Spring 2026

Dear Rockcliffe Families,

I hope that you all had a lovely half-term break. The children have returned brilliantly and we have had a great first week back with lighter mornings and the sun shining on our break times! Our Rockcliffe Learning Superpower for this week has been learning from our successes and mistakes, and in assemblies we shared how we often learn better when things don't always go to plan first time.

### Connect Mental Health



On Tuesday, Justine and Michelle from the Connect team lead our assemblies with a focus on wellbeing. They talked to the children about how, as a team, they are here to support children, teachers, parents and governors. The main focus was Connecting and spending time with people you care about and the importance to keep learning about this. They also offered tips on how to look after yourself and techniques if you are discombobulated.

Connect Mental Health support schools to develop a whole-school approach to emotional wellbeing, and signpost to relevant services and information to help meet the needs of children, young people, and families. You can find out more information [here](#).

For any families interested, the Connect & Parent Carer Forum will be delivering a Co-regulation session for parents at our coffee morning at 9.00am on Wednesday 22<sup>nd</sup> April. They'll cover: What is co-regulation? The Stress Response and How to Support Co-regulation.



### Governor Visit

Also on Tuesday, we welcomed nine members of our Governing Body into school, including our four new parent governors. The focus of their visit was on our curriculum and looking in particular at our new approach to PE across school and French in Key Stage 2. They visited a Key Stage 1 PE lesson and a Key Stage 2 French lesson. Afterwards they spoke to the children about their experiences of these subjects. The governors were really impressed with how enthusiastic the children were and how much they have learned already this year.

### Headteacher: Tom Jones

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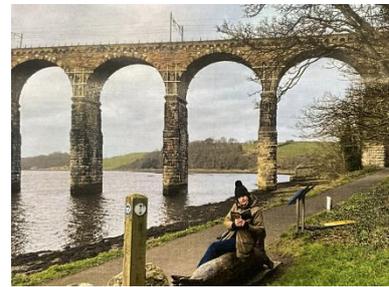


### Lapwings Beach School

Our beach school sessions restarted this week. Lapwings made maps linked to their geography work. They then created a huge dragon to celebrate the lunar new year.

### World Book Day and Extreme Reading

Next Thursday is World Book Day and to mark the occasion, children are invited to come into school dressed as their favourite book character. Throughout the day, they will take part in a range of fun, reading-focused activities designed to inspire a love of books and storytelling. Thank you to everyone who has sent in an Extreme Reading photo – like Mrs Burkin who battled the weather in hers. There is still time to take part in this - we'd like each child to have a (safely taken!) picture of them reading in an unusual or unexpected place. Please email them to your child's class teacher. We will be using the pictures as part of a display in an area of school that we want to redevelop as a library and intervention space.



### Rockcliffe Junior ParkRun Takeover – Sunday 29<sup>th</sup> March

A reminder that there will be a Rockcliffe Junior ParkRun takeover on Sunday 29<sup>th</sup> March. Please register (for free) with ParkRun in advance to get your barcode. We will also be asking for children to be sponsored to take part to raise funds to help improve our yard and lunchtime activities. More information will be coming soon.

### Parents' Evenings

On Monday we sent out via Schoolcomms information to request a slot for Parents' Evening meetings. Please complete the form this weekend if you haven't done already.

### School Phone Numbers

Over half-term our phone system was upgraded. Please note our new numbers:

**School Office:** 0191 607 6573

**Kids' Club:** 0191 607 6488

**Nursery:** 0191 607 6484





### Friends of Rockcliffe Cake Sale

I hope you all enjoyed a Friday treat from the Friends of Rockcliffe Cake Sale this evening. Thank you to Priory parents for baking such amazing creations. Information about more of these and other exciting Friends' events will be coming out soon.

Have a lovely weekend,

*Tom Jones*



## Dates for Your Diary

March	
Thu 5 <sup>th</sup>	World Book Day (see information above)
Fri 6 <sup>th</sup>	Sandpipers Beach School – PM
Mon 9 <sup>th</sup> – Wed 11 <sup>th</sup>	Y4 Residential
Tue 10 <sup>th</sup>	Puffins Beach School – PM (rescheduled from 24 <sup>th</sup> February)
Tue 17 <sup>th</sup>	Y3 Dance Festival – 7pm
Wed 18 <sup>th</sup>	Parents’ Evening
Fri 20 <sup>th</sup>	Red Nose Day KS2 Vindolanda and Roman Army Museum Educational Visit
Mon 23 <sup>rd</sup>	Lighthouse Beach School - PM
Mon 23 <sup>rd</sup>	Glee Club – Spring Sing
Thu 26 <sup>th</sup>	Yr4 Skipping Festival Parents’ Evening
Fri 27 <sup>th</sup>	Beacon Beach School - PM
Sun 29 <sup>th</sup>	Rockcliffe First School Whitley Bay Junior ParkRun Takeover – 9am
Mon 30 <sup>th</sup>	Starfish Beach School - AM
Tue 31 <sup>st</sup>	Seahorses Beach School – PM Priory Beach School - PM
April	
Thu 2 <sup>nd</sup>	Easter Fashion Show End of Spring Term
Wed 22 <sup>nd</sup>	9am: Parent Coffee Morning - Connect & Parent Carer Forum will be delivering a Co-regulation session. They'll cover: What is co-regulation? The Stress Response and How to Support Co-regulation.



**We want your wellies!**



School nursery is collecting unwanted kids' wellies for a strawberry planting activity.

Donations gratefully received - please drop off at the School Office